

Licensure or Certification Requirements

Nationally accredited personal training certification exams (CPT) are not a requirement for graduation from Focus Personal Training Institute (FPTI), though some employers may require a national certification as a condition of employment.

As the personal fitness training profession is currently an unlicensed and unregulated industry, there are no state licensure requirements for employment.

NCCA-accredited CPT certifications are a recognized industry standard for personal trainers. By signing the Enrollment Agreement, students acknowledge that FPTI strongly recommends graduates obtain NCCA-accredited certifications as soon as possible after graduation.

Personal Training Master Course and Advanced Concepts in Personal Training (choice of one of the following):

- American Council on Exercise (ACE) CPT
- National Academy of Sports Medicine (NASM) CPT
- American College of Sports Medicine (ACSM) CPT
- National Strength and Conditioning Association (NSCA) CPT
- National Federation of Professional Trainers (NFPT) CPT at no additional cost.

Personal Training Foundations and Personal Training Foundations – Online (choice of one of the following):

- National Academy of Sports Medicine (NASM) CPT
- National Federation of Professional Trainers (NFPT) CPT certification exam at no additional cost.

Personal Training Elements – Online

- National Federation of Professional Trainers (NFPT) CPT certification exam at no additional cost.